

# ***A GLANCE LOOK AT INCLUSION & DIVERSITY IN ERASMUS+ PORTUGAL***

***National VET Team de España  
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## POINTS FOR TODAY



### 1- FRAMEWORK

### 2- STRATEGY (National Agency Erasmus+)

### 3- RECOMMENDATIONS



# 1. FRAMEWORK

The European Pillar of Social Rights states that **'everyone has the right to quality, inclusive education, training and lifelong learning'**. This proposal is in line with the 2030 Agenda for Sustainable Development of the United Nations, which aims, namely, to **"guarantee access to inclusive, quality and equitable education, and lifelong learning opportunities for all"**.



## 2. OUR STRATEGY

# Our Strategy



1. Increase the participation of the public with fewer opportunities in the different key actions of the Program;



2. Explore the different dimensions of Inclusion proposed by the EC (Erasmus+ Guide)



3. Contribute to reducing barriers to participation.



1. Increase the participation of the public

with fewer opportunities

in the different key actions of the Program;

- ✓ **Promote** the Role Models initiative with Educative Cities
- ✓ Raise **awareness** among organisations (All Sectors)
- ✓ Valuing and **supporting** beneficiaries
- ✓ Inclusive **E+ Award**.



## 2. Explore the different dimensions of Inclusion

proposed by the EC (Erasmus+ Guide)

- ✓ Promote the **implementation** of the EC's inclusion and diversity strategy;
- ✓ **Update** the Inclusion and Diversity strategy of the Erasmus+ EF National Agency (internal/external level);
- ✓ **Organise** inclusion awareness events with the organisations
- ✓ Sign and promote the [Diversity charter](#) launched on 31 March 2016
- ✓ **VIII Erasmus+ Seminar** and Inclusion - TCA (November 22 to 24, 2023)





### 3. Contribute to reducing barriers to participation.

- ✓ Promote **synergies** between programmes at national and international level.
- ✓ **Conduct "case studies"** with beneficiaries throughout the life cycle of projects  
Identify inclusive procedures, constraints and good practices (**Universal Design**)
- ✓ **Reflect/think together** with specialized organizations to identify barriers and implement strategies.



## 3. RECOMENDATIONS

## To organisations and Beneficiaries



Promoting inclusion and diversity in Erasmus+ projects can be achieved through a variety of strategies. Here are some suggestions:

**Develop a diversity and inclusion policy:** Start by creating a clear and comprehensive policy that outlines the importance of diversity and inclusion in your Erasmus+ project. This policy should be communicated to all stakeholders involved in the project.

**Create diverse project teams:** Ensure that your project teams are diverse and represent a variety of backgrounds and experiences. This can help to foster a culture of inclusivity and provide a range of perspectives to the project.

**Provide training:** Offer training to project partners and participants to help them understand the importance of diversity and inclusion and how to incorporate these values into the project.

## To organisations and beneficiaries



**Engage** with diverse communities: Reach out to diverse communities and involve them in the project. This can help to ensure that the project is inclusive and representative of a range of perspectives.

**Incorporate** diverse perspectives into project activities: Ensure that project activities are designed to incorporate diverse perspectives and experiences. For example, you could create opportunities for participants to share their cultural traditions or engage with diverse communities.

**Monitor and evaluate**: Regularly monitor and evaluate the project to ensure that diversity and inclusion are being incorporated effectively. This can help you to identify areas for improvement and make adjustments as needed.

By incorporating these strategies into your Erasmus+ project, you can help to **promote a culture of inclusivity and diversity**, which can lead to more successful and impactful outcomes.

## IN SELECTION PROCESS I



- 1. Interest and motivation:** Evaluate young people's interest in participating in the Erasmus+ program and their motivation to make the most of the exchange experience. This can be done through interviews, questionnaires, letters of motivation, portfolios allowing young people to express why they want to participate in mobility.
- 2. Socio-Economic Diversity:** Consider the socio-economic diversity of young people and provide equal opportunities for those who may have fewer financial resources.

## IN SELECTION PROCESS II



3. **Equal access:** Ensure that all young people, regardless of their ethnic, cultural, religious or gender origin, have equal opportunities to participate in Erasmus mobilities. This involves removing barriers and providing additional support for young people in disadvantaged situations.

4. **Personal development:** Consider how the mobility experience can contribute to the personal development of young people, such as broadening horizons, building social skills and promoting self-confidence. This assessment can be carried out through interviews or questionnaires that allow young people to highlight how they can benefit from the experience.

## IN SELECTION PROCESS III



**5. Inclusion of young people with disabilities:** Ensure that young people with disabilities can participate in Erasmus+ mobilities, providing support and adaptations necessary to meet their individual needs. This can include the accessibility of facilities and services, as well as the availability of support resources.

**Linguistic and cultural support** should be promoted before the mobility and together with the course (school) so that everyone benefits from the project.

“The importance of projects that could be a spark” for the change of the society”.

**Gracias!**

**ESKERRIK ASKO!**

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