

# All the world's a stage for young jobseekers

Theatre skills aren't just about costumes and props. Theatre can be a powerful starting point for self-development and effective communication, as the young people who took part in Act Your Job found out

A project called Act Your Job used theatre skills to help motivate young people and improve their search for a job.

Act Your Job allowed trainers and participants at education centres around Europe to learn some of the skills used in theatre, and relate them to wider personal skills such as confidence and attitude. And it proved to be a successful strategy, as this comment, from one of the young participants, shows:

" I have learned that theatre is not only a cultural activity but also a tool for self-knowledge; I understood that my attitude and the impression I make on other people are essential when searching for a job.

Job searching can be a frustrating experience, especially for young people who haven't yet found the tools to express themselves effectively and professionally.

By combining traditional and creative training techniques with innovative theatre techniques, groups of under-25s in four European countries learned how to improve their personal and social skills, including self-esteem, creativity and motivation.

Group of students at each centre were professionally supported to come up with a theatre play, write the script, choose their cast, and perform it to staff, students, friends and family at a dedicated "Act Your Job Day".

As a result of the project, the Act Your Job team were able to produce two handbooks: one containing all the scripts written by the participants, and another "best practices" book – available for anyone to download – which summarises the ways in which theatre can be used for personal development.

## More information

Project website:  
[www.actyourjob.eu](http://www.actyourjob.eu)

The Erasmus+ Project Results Platform:  
<http://ec.europa.eu/programmes/erasmus-plus/projects>



## Erasmus+

Field: Vocational Education and Training

Action: Strategic Partnerships

## Key facts and figures



Participants:

20



Countries:

4



EU grant:

€64,000

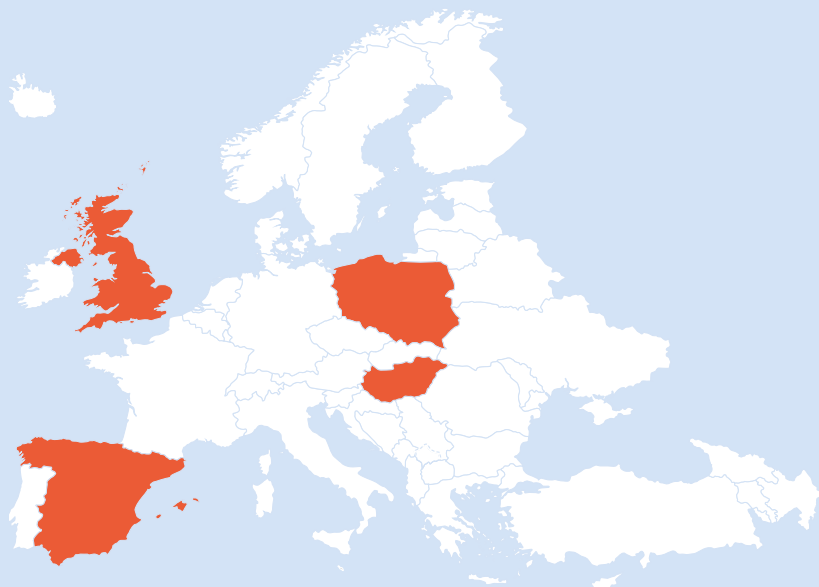


Project duration:

2012-2014

## Project title

Act Your Job



## Lead organisation

**Name:** Ayuntamiento de San Andrés del Rabanedo

**Location:** San Andrés del Rabanedo, Spain

**Website:** <http://www.aytosanandres.es/>

## Partners

Rogers Személyközpontú Oktatásért, Hungary; Akademia Humanistyczna – Ekonomiczna W Lodzi, Poland; Newham College of Further Education, United Kingdom